

ABORTION PILLS

A STEP-BY-STEP GUIDE

TIMELINE FOR TAKING THE PILLS



DAY 1

Take
mifepristone.



DAY 2 OR 3

Take
misoprostol.



Follow the pain
management
instructions and
read what to expect
after taking the
abortion pills.

1

FIRST DAY: TAKE MIFEPRISTONE

- Take one 200 mg mifepristone tablet by mouth with water.
- This mifepristone pill stops the pregnancy from growing by blocking the hormone progesterone.



2

SECOND DAY: TAKE PAIN RELIEF MEDICINE

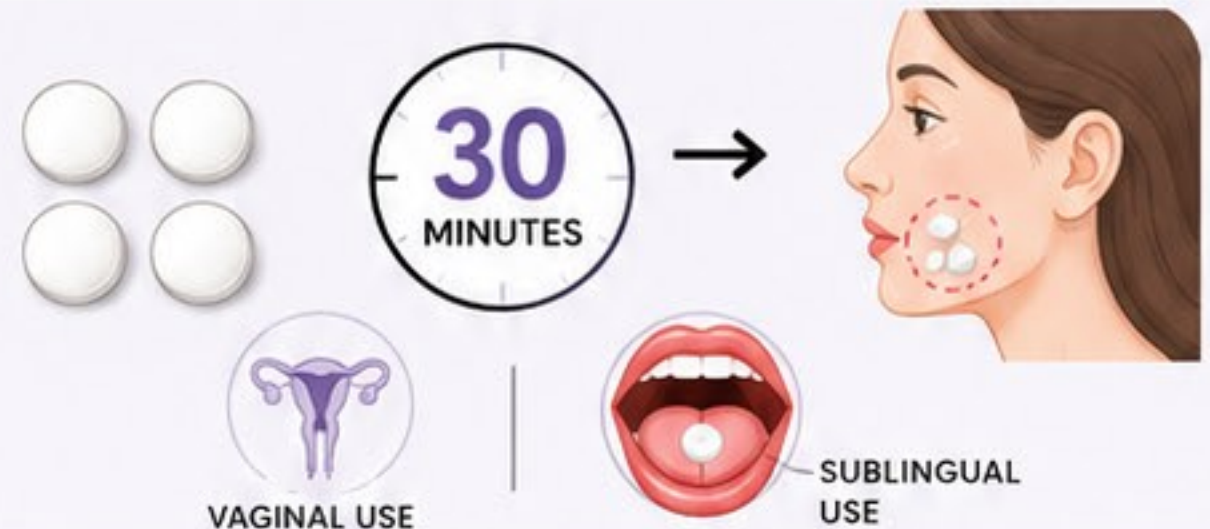
- Before taking misoprostol, take pain medicine as advised by your healthcare provider.
- Ibuprofen is commonly used to help reduce pain and cramps.



3

SECOND DAY: USE MISOPROSTOL

- After 24 to 48 hours of taking mifepristone, place 4 misoprostol tablets (800 mcg total) between your cheek and gums, 2 on each side, and let them dissolve for 30 minutes.
- You may also follow your healthcare provider's instructions for vaginal or sublingual use.



HOW MUCH BLEEDING IS TOO MUCH?

Seek medical attention if you:



- Soak through 2 or more pads in 1 hour for 2 hours in a row.



- Pass large clots for more than 2 hours.



- Have severe pain that does not improve with pain relief medicine.



- Feel dizzy, lightheaded, or develop a fever.



WHEN TO START BIRTH CONTROL

- Talk with your healthcare provider about starting birth control right after the abortion if you want to avoid future pregnancy.
- Options may include birth control pills, patches, IUDs, implants, or condoms.



PILLS



PATCHES



IUDs



IMPLANTS



CONDOMS



Always follow your healthcare provider's instructions and reach out to them if you have any questions or concerns.